£1

Pilgrim Post

November 2026

ST. MARTIN & ST. PAUL CANTERBURY

Parish of St Martin and St Paul,
Canterbury - Parish Centre

Church Street (St. Paul's) CT1 1NH

Large modern Hall equipped with AV, WIFI, conference call facilities and well fitted Kitchen plus a range of meeting rooms

All available to Hire

for both regular bookings or one off events.

See availability and Book Online via: www.martinpaul.org

To discuss options please contact the Bookings Coordinator

Tel: 01227 768072 *(Option 3)* e-mail: bookings@martinpaul.org

---

N. BROCKLEBANK
Electrical Contractor

All work undertaken domestic and commercial to comply with I.E.E. Regulations

ESTIMATES FREE OF CHARGE

Mob: 07768872911

neilbrocklebank@btinternet.com

THE CITY SWEEP
CHIMNEY SWEEP

Brush and Vacuum
For all Chimneys
Boilers and Stoves

Woodburning Stoves and Fireplaces Fitted
Chimneys Lined
Certificates Issued

Registered and Fully Insured
Member of the National Association of Chimney Sweeps
Ralph Allard – 01227 450888
Mob: 07813 716654

J W & L J BRASIER LTD
(Auto Repair Shop)

Servicing and MOT's Classes 4, 5 lights & 7 - Welding
Local collection and return possible by arrangement.
Unit 11 Partridge Drive, Bridge, Canterbury CT4 5BF

01227 831928

E-mail: jwandljbrasier@btinternet.com

Welcome to Pilgrim Post
the Journal of the
Parish of St Martin and St Paul.
Canterbury

Vision:

We are called to worship God in Jesus Christ and to make Christ known in our community.

We do not have all the answers. We are on a spiritual journey.

We look to scripture, reason and tradition to help us on our way.

Whoever you are, we offer a space for you to draw nearer to God and walk with us.

Sharing the Journey of the Christian Gospel
as an Inclusive Church

CAN WE HELP YOU?

Parish Office - 01227 768072 with the following options:

For General Enquiries *(Option **1**)* or E-mail: office@martinpaul.org

Enquiries about Baptisms, Weddings, Funerals, and General Enquiries *(Option 1)* or E-mail: office@martinpaul.org

For Church and Parish Centre Hire *(Option 3)* - Jackie Curd, Parish Centre Premises Supervisor – See advert page opposite.

To contact the Churchwardens *(Option 4)* - *see also page 3.*

St Martin's Visits (*Option 5)* -
or E-mail: bookings@martinpaul.org

Pastoral Care Chaplains - Please contact**:**

The Revd Sue White 07803 312144
or Sam Walker 07402 200223

Special Request Prayers - Please contact**:**

Gwyneth Hartwell 01227 451366, Doreen Laven 01227 760372,
Norma Ratcliff 01227 454784 or on the
Website: www.martinpaul.org/prayers

www.martinpaul.org MartinPaulChurches

Inside this Issue

Communications – Ministry and Parish Contacts	1 - 4
Services in November	5
From the Registers	6
Magazine Cover	6
'Thank You' – Diane	6
The Rector Writes	7
Living the Liturgy – November	9
Birthday Good Wishes	10
Mothers' Union – November	11
Keeping St Martinmass	12
Christmas Market	12
Parish Diary	13-16
Big Knicker Day	17
Pottery at All Saints'	17
November 1986 Archive	18
Alternative Medical Terms	20
Poet's Corner	20
Who was St Martin?	21
Evensong and Supper	22
Eco-Church 62	23
Learning Together in Advent	24
Red Chair	25
Email Security	25
Looking Ahead	26
Endpiece	26

Pilgrim Post

[Published by the PCC]

We welcome items from individuals and church or local community organisations.

All items submitted should include a contributor's name please and may be edited.

Items on church matters do not necessarily represent the official position of the Church of England.

Advertising

Do please support those who advertise with us and mention that you saw their advertisement in our magazine.

Anyone wishing to advertise should contact the Editor

01227 784779

E-mail: pilgrimpost@martinpaul.org

The Parochial Church Council does not necessarily endorse the products and services advertised.

WORKING TOGETHER IN MINISTRY

Telephone code 01227 unless otherwise indicated

Rector: **Revd. Dr Mary Kells** 768072 ***(Option 2)***
rector@martinpaul.org

Associate Priest *(SSM):* **Revd. Professor Charlotte Sleigh**
office@martinpaul.org

Hon. Assistant Priest: Revd Alastair Mansfield 07510 639596
alastair.mansfield@gmail.com

Licensed Lay Ministry *(Readers):*

Mary Butcher lgbbutcher@aol.com 07729803487
Samuel Keeler-Walker sjkw03@gmail.com 07402 200223
Roxane Lee Affonso rleeaffonso@gmail.com 768072

Churchwardens:

Dr Isis Brook *(St Martin's)* 07816 861275
Michael Keeler-Walker *(St Paul's)* 768072 *(Option 4)*
Ros Newington *(St Paul's)* 462897

Deputy Wardens:

James Sampson *(St Martin's)* 07968 786545
Dr. Claire Butler *(St Martin's)* 768072
Stefan Vassalos *(St Paul's)* 07709 900760

PCC Officers:

The Revd. Dr Mary Kells *(Chair)* 768072
Jo Lawson *(Secretary)* 07505 705812
David Stuart *(Treasurer)* 07807 410823

Church Music:

Christopher Gower *(Organist - St Martin's)* 07851 505565
David Rees-Williams *(Organist - St Paul's* 07720 742193
Dom del Nevo *(Choir Director -St Paul's)* 07753 336648
domdelnevo@gmail.com

Administry:

Mrs Jackie Curd *(Premises Supervisor)* 452131
Parish Office Contact Options - see page 1.
Lydia Newington *(Parish Safeguarding)* 768072 *(Option 6)*
Revd. Clive Barlow *(Parish Magazine Editor)* 784779

OTHER PARISH OFFICERS AND ORGANISATIONS

Telephone code **01227** unless otherwise indicated

Altar Servers Rota	Val Taylor Parish Office	**768072**
Archivist *(Vacancy)*		
Bellringers	Sam Keeler-Walker	**07402 200223**
Charity Giving Group	Claire Butler	**768072**
The Children's Society	Gwyneth Hartwell	**451366**
Christian Aid Week Co-ordinator	Monica Walling	**787564**
Church Library	Laura Johnson	**720121**
Christians Together Canterbury	David Hartwell	**451366**
Deanery Synod	Sam Keeler-Walker	**07402 200223**
Eco-Church Co-ordinator	Revd. Sue White	**07803 312144**
Electoral Roll Officer	Judith Dimond	**459002**
Flower Arrangers (St Martin's)	Doreen Laven	**760372**
Flower Arrangers (St Paul's)	Ros Newington	**462897**
Friends of St Martin's (Secretary)	Sylvia Gower	**768072**
Fisherfolk – Toddler Group	Jackie Curd	**452131**
Growing in Faith – Young Adults	Stefan Vassalos	**07709 900760**
Hangouts' Youth Activity	Sue Spillett	**456100**
Head of Visitor Experience at St Martin's	(Vacancy)	**768072**
Learning Together	Revd. Mary Kells	**768072**
Messy Church Events	Revd. Mary Kells	**768072**
Ministry Team	Revd. Mary Kells	**768072**
Mothers' Union	Jackie Curd	**452131**
Parochial Charities	Christopher Wacher	**455367**
Parish Magazine Editor	Revd. Clive Barlow *(see page3)*	**784779**
Ride and Stride for Churches	Sue Spillett	**456100**
St Martin's Visits	*(To be advised)*	**768072**
Social Committee Co-ordinator	Jackie Curd	**452131**
Social Media Enabler	Chris Kirkland	**68072**
Stewardship Gift Aid Recorder	Richard Llewellin	**764645**
Sunday Zone 1 *(Children aged 4-11)*	Ruth Baker	**768072**
Sunday Zone 2 *(12+ Secondary)*	Val Taylor	**07984 635755**

WELCOME TO WORSHIP

at St Martin's Church, North Holmes Road CT1 1PW
and St Paul's Church, Church Street St Paul's CT1 1NH
See Magazine Diary pages 13 – 16

SUNDAY SERVICES – NOVEMBER

9:00 am **St Martin's** - Sung Eucharist *(**1** Nov. for All Saints' and **15** Nov. for Patronal Festival. Said Eucharist on **8, 22** and **29**)*

10:30 am **St Paul's** - Sung Parish Eucharist (*Sunday Zone see.* LIVE STREAMING on YouTube *(via Parish Website link)* *diary)*

Download our Sunday Service / Newsletter from our Website
www.martinpaul.org

MONTHLY AND OTHER SUNDAY SERVICES

3:00 pm **St Paul's** – Tea Time Family Service *(**8** Nov)*

5:00 pm **St Paul's –** All Souls' Service ***(1** Nov)*

5:00 pm **St Paul's –** Choral Evensong and Supper *(**15** Nov)*

5:00 pm **St Martin's** – Service of Silence and Compline *(**22** Nov)*

PRAYER AND WORSHIP OPPORTUNITIES DURING THE WEEK

8:00 am **Praying Together** using the 'Pray as you Go' app *(for approx. 10 minutes)* on a Monday, Tuesday and Friday.

9:00 am **St Paul's - Morning Prayer** on Monday and Friday.

10:30 am **St Paul's - Prayer Book Eucharist** – Wednesday's.
+++ Service followed by refreshments in Church +++

12 noon **St Martin's** - **Midday Prayers** on a Thursday

1:00 pm **Messy Church on Saturday** – Spring Lane Neighbour-Hood Centre – (Next date 7 November)

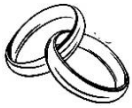
8:00 pm **St Pauls - Advent Compline** (Thursday **30** Nov.)

(Cont'd)

8:40 pm *(for 9:00 pm)* **Compline** (Night Prayers) - Thursday on Zoom using link: https://bit.ly/ThursdayCompline or email: charlottehardwick1981@gmail.com

---

FROM THE REGISTERS



Wedding

We congratulate:

3 October: Amin and Amin Mohammed - St Martin's

COMMEMMORATIONS

We remember in our prayers those who have died in November in previous years:

Audrey Ely, Shannon Alleyne, Colin Affonso, Judith Griffiths, Harry Adams, Anne Sellar, Derek Young, Bill Ely, Natalie Affonso, Sheila Smith, Keith Dimond, Barbara Ackroyd, Grace Maryan, Rosemary Simpson and Derek Fowler.

The All Souls' Service - Remembering loved ones who have died is on Sunday 1 November *(see page 8)*

THIS MONTH'S MAGAZINE COVER

Here are ***Poppies*** to remind us that it's a month of Remembrance.

Dom de Nevo and Jo Lawson will certainly never forget their daring ***Wing Walk Challenge*** in support of St Martin's Church Development Fund. They raised an amazing £7000, including Gift Aid.

Sue White hopes we'll be looking out for autumn Fungi in St Martin's Church yard *(see Eco-Church article on page 22)* and who else but ***St Martin*** could be our Saint of the Month. *(see page 21)*. ***Editor***

THANK YOU, DIANE

A heartfelt thankyou to Revd Diane Fawcett for her ministry as occasional celebrant and preacher at St Martin's over several years, she will be missed now that she has relinquished her Bishop's 'Permission to Officiate'**.** ***Isis Brook (Churchwarden)***

THE RECTOR WRITES……

As we head into winter, some food for the journey…

We held an Inclusive Liturgy morning while still in glorious autumn, here in our parish centre, and there was, I think, widespread relish in the wide ranging and varied conversation about our language for God.

We initially formed a rainbow, to show all the different colours we brought, to represent the glorious variety of our attitude to our God-talk, said Morning Prayer together (using inclusive language, of course), and then we thought about some of the terms we use for God, and asked ourselves where they came from and how they nourish us.

We considered if they had any limitations – what did we see as a result of praying with this particular image and what couldn't we see? We also looked at whether our words for God were gendered or not. We had almost as many descriptive words as we had people, which was fascinating, and quite appropriate for the God who is described and evoked in so many ways in our Scripture, and for whom no words are adequate.

We then discussed some passages from Scripture that evoked God in a range of ways – as a warrior, a woman in labour, as 'I AM', as a mother bear, a wild lion, a mother hen, as fire, rock, bread, and shepherd. The conversation was rich and lively, as we shared our different responses to each of these. After this we had a go at writing a Collect, and the group produced the most tremendous variety of prayers, which we hope to display on one of our noticeboards shortly – by the time you read this, the display might already be up. One of the outcomes of the morning was the realisation of how much we enjoyed studying the Bible together, and thoughts arose about how we might go forward with that – do have a word with me if you like this idea.

Another outcome was the realisation that, of course, as an Inclusive Church, we are bound to have different approaches, preferences, needs, as we seek to include all of our differences and honour them.

How we disagree matters. If we can disagree in love, how much richer our community will be. This felt like a morning in which that happened, a time in which we learned from each other and moved closer together.

As we enter into winter and approach Advent, our time of waiting, I commend to you our differences, and our disagreements, for if it is all held together in love, we will truly be the Inclusive Church we seek to be. *Mary Kells*

Meet, Eat and Explore – Notice

After careful consideration, it has been decided that the 2 November, Meet, Eat and Explore session on Israel and Palestine will not take place as previously planned.

As everyone is aware, this is a complex and deeply emotive subject, very much in the news and causing considerable concern across the world. In reaching this decision, it was felt that the subject needs and deserves more time and space than the 40–50 minutes normally available within our Meet, Eat and Explore format.

Going forward, the Learning Together Group (formerly Life Long Learning) will consider whether there may be more substantial opportunities for the parish to hear experiences from across the conflict, learn about efforts to secure peace and foster reconciliation, and come to discuss these important issues together.

In the meantime, we continue to hold all those affected by the conflict in our prayers, particularly those working for peace and reconciliation. Thank you for your understanding. **Rector and Churchwardens**

All Souls' Service

Our annual All Souls' Service will take place at 5:00 pm on Sunday 1 November, in St Paul's when we remember all who have died – those whom we love but see no longer.

There will be an opportunity to light a candle in their memory and to have names read out, of those in recent years from this parish and of our own family and close friends.

Those who would like someone's name included, have been asked to add it to the list available in either of our churches or by contacting the Parish by the date indicated in the weekly e-mail.

Everyone is warmly welcome to the service. **M*ary Kells***

LIVING THE LITURGY - NOVEMBER

Readings are from the Common Worship Calendar and Lectionary Year A authorized for use in the Church of England.

1 - Sunday: All Saints' Day
Gospel: Matthew 5. 1-12

'Rejoice and be glad.'

The Beatitudes can feel worn smooth by familiarity, but if we look around, we may see the saints everywhere: those feeling poor in spirit, those receiving mercy and passing it on, those quietly living out their baptismal calling. Who around you, though suffering, is held by God? And how can we be a blessing to one another?

8 - Third Sunday before Advent
Gospel: Matthew 25.1-13

'The wise took flasks of oil…'

Not personal salvation anxiety but communal readiness: to greet Christ not only when he returns in glory, but whenever he walks through the door as a stranger. Beautiful work already happens in this parish. What must we cultivate, over months and years, for it to continue — and will you share that thought with someone this week?

15 - Second Sunday before Advent
Gospel: Luke 17. 11-19

'Were not ten made clean?'

Grace precedes gratitude — ten were healed before one gave thanks — freeing us to serve without demanding recognition. Every week we share

a thanksgiving meal (*eucharistía*). What would it mean to extend it and live as thanksgiving-people all week?

22 - Christ the King
Sunday Next before Advent
Gospel: Matthew 25. 31-end

'You did it to me.'

May our community, so full of love, show the world the Servant-King. How would parish life change if every task and conversation was treated as an encounter with Jesus himself?

29 - First Sunday of Advent
Gospel: Mark 13. 24 – end

'Keep awake.'

We watch for a King unlike Caesar: a promise in Scripture, a stranger at the door, an act of love offered freely. What might those outside the church notice in a parish awake to the community's needs as well as to God's glory?——————————————————***Stefan Vassalos***

November Birthdays
with our ***Good Wishes*** **and** ***Prayers***

Birthdays: Lucy Marsh, Reem Khider, Any Highett,
Eric Boswell, Joyce Rye and Christopher Milnes.

If you have recently joined the congregation at St Martin's or St Paul's and would like your name included in these monthly prayers and good wishes, please let the Editor know.
Tel: 01227 784779 E-mail: pilgrimpost@martinpaul.org.

There will be no Faith and Felllowsip Coffee Morning during Advent while the 'Learning Together in Advent' sessions are running. ***Jackie Curd***

MOTHER'S UNION - NOVEMBER

MU Prayer: God our creator and sustainer, whose mission brings life and growth to all who call upon your name in faith; help and guide us to seek: your vision in our prayers and planning, your wisdom in our practical action, and your power at work within us as we continue to work towards moral, social and economic justice for all. Through your very precious gift of prayer, enable us to reflect your abundant hope and love to those we seek to serve; that they may discover life in all its fullness, finding a place of refuge and of peace. Amen

Looking back – what a lovely meeting we had last month with another inspiring speaker. It was so interesting to hear of the work and love shown by Uganda Concern UK.

This month– At our meeting on Wednesday 4 November at 2:00 pm. we'll be filling the Christmas shoeboxes for the Blytheswood Trust ready to be transported to Eastern Europe by the Blythswood charity. If you would like to donate to this appeal there are leaflets available at the back of St Paul's with suggestions for what we should put in the boxes.

Corporate Communion is at 9:30 am on Saturday 14 November, and PrayerTime this month is St Paul's Church at midday on Thursday 26, when we will focus on the Days of Activism Against Gender Violence. (see page 25) The Diocesan MU meeting at St Paul's at 10:30 am on 5 November, will be followed by lunch.

On Saturday 28 November members of the Mothers' Union will be joining the Soroptimists and other like-minded individuals to walk in silence from the Buttermarket around Canterbury at 10:45 am to raise awareness of domestic violence against women.

Afterwards everyone is invited back to St Paul's where there will be stands and information about organisations raising awareness about

gender based violence and those offering support to the victims. In return for lunch, those attending are asked to bring a pack of new knickers for men , women or children. These will be donated to local charities.

Looking forward: Jackie Curd has written about ***Big Knicker Day*** *on* Saturday 28 November *(see page 17),* and the Diocesan MU Advent service on Tuesday 1 December at 11:00 am in the Cathedral Crypt.

Do come along for a lovely service to start off our Advent journey. Everyone is always very welcome. ***Sue Spillett***

Keeping Martinmass

St. Martin's sung Patronal Festival Service (followed by festival refreshments) is at 9:00 am on Sunday 15 November with members of the congregation from St Paul's invited.

The Revd Dominic Fenton will be preaching and Revd Sue White is covering the 10:30 am service at St Paul's, while I remain at St Martin's.

Mary Kells

Christmas Market

We will be holding our Christmas Market in the St Paul's church and the Parish Centre on Saturday 21 November 10:30 am - 1.30 pm.

All donations for the stalls would be very welcome as would offers of help either preparing the church and hall, running a stall or clearing up afterwards.

Stalls - Books, Christmas gifts, Raffle, Bottle Tombola, Toys, Puzzles, Tombola, Guess the Weight of the Cake, Home Baked Goodies - previously known as the cake stall, but extended to include savoury bakes.

Come and Bring Your Friends

PARISH DIARY – NOVEMBER

Any changes will be in our **Sunday Newsletter** or **Weekly E-mail** from: office@martinpaul.org

Induction Loop Facility and **Large Print Orders of Service** are available in both our churches

Prayer and Worship Activity during the week – See page 5

Choir Practice Friday 7:30 pm (St Paul's)

10:00 - 11.30 am Fisherfolk Toddler Group - Parish Centre
Every Wednesday and Friday in Term Time

++++++++++++++++++

1 - Sunday - All Saints' Day
Psalm 34. 1-10. NT Revelation 7. 9-end.
NT 1 John 3. 1-3. GP Matthew 5. 1-12.
9:00 am Sung Eucharist - St Martin's
10:30 am Sung Eucharist with Sunday Zone at St Paul's
5:00 pm All Souls' Service *(see page 8)*

4 - Wednesday
10:30 am Prayer Book Eucharist - St Paul's
Refreshments afterwards in Church and every Wednesday
2:00 pm MU Monthly Meeting – Shoeboxes *(see page 11)*

5 - Thursday
12 noon Midday Prayers - St Martin's

7 - Saturday
1:00 pm – 3:00 pm Messy Church
at Spring Lane Community Centre

8 – Third Sunday before Advent
Remembrance Sunday
Psalm 70. OT Amos 5.18 -24.
NT 1 Thessalonians 4. 13 - end. GP Matthew 25. 1 – 13.
9:00 am Said Eucharist - St Martin's
10:30 am Sung Eucharist with Sunday Zone at St Paul's
3:00 pm Tea Time Family Service – St Paul's

11 - Wednesday

10:30 am Prayer Book Eucharist - St Paul's

12 - Thursday

12 noon Midday Prayers - St Martin's

. 4:30 pm – 6:30 pm Hangouts *(Young People)* – Parish Centre

Copy deadline for December Pilgrim Post

14 - Saturday

9:30 am MU Corporate Communion - St Paul's

10:00 am - 12.30 pm Canterbury Repair Café

In the Hub Café, Baptist Church (opposite Waitrose)

15 – Second Sunday before Advent: Martinmass

Psalm 23. OT Isaiah 58. 6 - -12.

NT 1 Thessalonians 5. 1 – 11. GP Luke 17. 11 - 19

9:00 am Sung Patronal Eucharist - St Martin's

10:30 am Sung Eucharist with Sunday Zone at St Paul's

Refreshments in the Parish Centre afterwards

5:00 pm Choral Evensong and Supper – St Paul's

Guest Preacher: Revd. Dr Charlie Bell - Theologian

18 - Wednesday

10:00 am – 12 noon Community Café at

Barton Church Hall, 32 Barton Road CT1 1YQ

10:30 am Prayer Book Eucharist - St Paul's

19 – Thursday

12 noon Midday Prayers - St Martin's

21 - Saturday

PARISH CHRISTMAS MARKET

St Paul's and the Parish Centre

10:30 am - 1.30 pm

Come and bring your Friends

22 - Sunday: Christ the King
Sunday Next before Advent

Psalm 95:1-17. OT Ezekiel 34 11 – 16, 20 – 24.
NT Ephesians 1. 15 - -end. GP Matthew 25. 31 – end.
9:00 am Said Eucharist - St Martin's
10:30 am Sung Eucharist with Sunday Zone 1and 2 at St Paul's
Refreshments in the Parish Centre afterwards
5:00 pm Silence and Compline - St Martin's

24 - Tuesday
9:30 am – 11:00 am Advent Course 'Living in the Light'
Parish Centre

25 - Wednesday
10:30 am Prayer Book Eucharist - St Paul's
7.45-8.45 pm Learning Together in Advent – Parish Centre

25 November - 10 December
16 Days of Activism Against Gender Based Violence *(see page 25)*

26 - Thursday
10.30-11:30 am Learning Together in Advent – Parish Centre
12 noon Midday Prayers - St Martin's

28 - Saturday
10:45 am MU 'Big Knicker Day' - Butter Market and Parish Centre
(see page 17)

29 – First Sunday of Advent

Psalm 80. 1 – 8, 18 – 19. OT Isaiah 64. 1 – 9.
NT 1 Corinthians 1. 3 – 9. GP Mark 13. 24 – end.
9:00 am Said Eucharist - St Martin's
10:30 am Sung Eucharist with Sunday Zone 1and 2- St Paul's
5pm Advent Carols – St Martin's

30 - Monday: St Andrew the Apostle
8:30 am Holy *(said)* Eucharist – Cathedral
9:00 am Morning Prayer (St Paul's)
8:00 pm Advent Compline – St Paul's

MAGAZINE DIARY - DECEMBER
For any changes see
Sunday Newsletter and ***Weekly E-mail***
from: *office@martinpaul.org*

1 - Tuesday
11:00 am Diocesan MU Advent Service – Cathedral Crypt

2 - Wednesday
10:30 am Prayer Book Eucharist - St Paul's
Refreshments afterwards in Church and every Wednesday
2:00 pm MU Monthly Meeting – Parish Cantre (see page 11)
7.45-8.45 pm Learning Together in Advent – Parish Centre

3 - Thursday
10.30-11:30 am Learning Together in Advent – Parish Centre
12 noon Midday Prayers - St Martin's

6 - Second Sunday of Advent
Psalm 85. 1-2, 8 - end OT Isaiah 40. 1 – 11.
NT. 2 Peter 3. 8 – 15a. GP Mark 1. 1 – 8.
9:00 am Sung Eucharist - St Martin's
10:30 am Sung Eucharist with Sunday Zone at St Paul's

7 - Monday
8:00 pm Advent Compline – St Paul's

JUST A THOUGHT

Lose an hour in the morning and you will spend the rest of the day looking for it". *Richard Whately*

Big Knicker Day!

On Saturday 28 November members of the Mothers' Union will be joining the Soroptimists and other like-minded individuals to walk in silence from the Buttermarket around Canterbury at 10:45 am to raise awareness of domestic violence against women.

Afterwards everyone is invited back to St Paul's where there will be stands and information about organisations raising awareness about gender based violence and those offering support to the victims.

In return for lunch, those attending are asked to bring a pack of new knickers for men, women or children. These will be donated to local charities.

Jackie Curd

Pottery at All Saints'

'Though our outward humanity is in decay, our inward nature is being renewed day by day, to an eternal glory beyond all measure' (2 Corinthians 4:16)

Fifty years ago, a gifted potter had a studio in Saint Augustine's College, Canterbury, then used for fourth-year ordinands. I bought six beautiful mugs. Ten years later, while washing up, one slipped from my hands, fell to the floor, and shattered.

Scripture often uses the image of a pottery jar, notably in Jeremiah and in 2 Corinthians. In making a pot there is always *potentiality*: the clay may come right or go wrong. And once made, there is always *fragility*: one slip and it is gone.

All Saints' and All Souls' Day speak deeply of our human potentiality—what we may become under God—and of our fragility, the ways in which life can be broken. The Saints are those who allow themselves to be drawn by God to their fullest potential, letting the possibilities they have been given become realities. They echo St Paul: "We are no better than pots of earthenware to contain this treasure," the treasure being all that God gives us through creation and redemption in the birth death and resurrection of Jesus.

Our potential is fulfilled through our relationships: first with family—parents, brothers, sisters—and then close friends. Later, for some, in marriage and the gift of children, where each seeks to draw out the full potential of the other. A good marriage is like crafting a good pot: it needs care, patience, and skill. Others find their potential in work with people, in the life of the church or community, or through growing knowledge of themselves and others. In all these ways, our God-given possibilities are realised.

But a pot can slip. Fragility asserts itself, and accident, illness, suffering, or bereavement come. Then we feel "hard pressed on every side"; we see the potential of someone we love suddenly gone, and with them, all our shared possibilities too.

A major part of bereavement is discovering, one, two, or three years later, that we can again have potential. The very experience of loss draws from us resources we never knew we had. We move from days when every moment was an effort, when we "lost heart", to a time of greater calm, understanding, acceptance, even growth: "Though our humanity is in decay, yet day by day…"

Bereavement exposes not only the fragility of those we love but also our own. The Christian message centres on one who was weak and vulnerable —..child in a manger, man on a cross. Keeping our eyes fixed on him, we learn to face fragility, our own and others', and grow into the full potential of those made and redeemed by God, rejoicing in All Saints' and All Souls'. **Contributed**

NOVEMBER ARCHIVE – 1986

The Rector addressed the subject of involving children and young people more in Sunday worship, as was their wish, there being a greater number of them in church in the 1980s. A working party on the issue had reported to the Parochial Church Council. The Secretary wrote: 'As a result it was agreed that those who wished to do so could become

involved as sidesmen (with adult assistance), epistle readers and intercessors, with occasional special services which could include the younger Sunday School children'. On previous evidence, such a special service would still be a Eucharist, but with modifications.

An episode of the television (TVS) programme 'Highway', presented by tenor and erstwhile comedian Sir Harry Secombe, had been filmed in Canterbury, and had featured St. Martin's, where Felicity Lott had sung 'I know that my redeemer liveth' from 'Messiah'. 'On the Monday morning there was the same number of people in church as for our usual [Sunday] 8.45 a.m. service - 38 - but this time they were the necessary technicians etc. for the programme.'

The old red carpet from St. Martin's had sold at auction for the princely (queenly?) sum of £1300. A buyer was now being sought for the choir stalls. The proceeds of the carpet would go towards the purchase of some stacking chairs.

There was an engaging account of the visit of 21 adults and 4 children of the parish to the Roman Catholic parish of St. Paul's, Tournai, in Belgium. The centre of Tournai was badly damaged in World War II, but the fine cathedral had, like ours, been preserved. A bilingual service was held in St. Paul's, jointly taken by our own clergy and the home team; the party also attended Parish Mass. There would be a reciprocal visit in 1987. The Rector had received a letter from Archbishop Robert Runcie asking for his greetings to be conveyed to the local parish priest and to the Bishop of Tournai. (Meanwhile the Archbishop himself had been visiting South Africa for the enthronement of Desmond Tutu as Archbishop of Cape Town; he would also soon be going to Assisi with the Pope and other church leaders to pray for world peace.) In the parish archives there is a file devoted to the Tournai Link.

On the evening of Advent Sunday there would be a programme of 'Advent sketches' and music by the new parish Play Group (not a playgroup), assisted by the choir. Mission Canterbury was just ending, and the parish had made a further donation.

Our neighbouring parish church of All Saints was very actively

celebrating the 10th anniversary of its new role. As some readers will know, the former garrison church had taken over the ministry of St. Gregory's and the dedication of the church on the corner of Best Lane and the High Street which was demolished in 1938. ***Brian Hogben***

A - Z of **Alternative Medical Terms**

Final instalment of alternative meanings of medical terms, offered for the benefit of readers wishing to reduce their stress levels.

Outpatient : A person who has fainted
Pelvis : Second cousin to Elvis
Secretion : Hiding something
Seizure : Roman Emperor
Tablet : A small table
Terminal Illness : Getting sick at the airport
Tumour : One plus one more
Urine : Opposite of you're out ***Editor***

SAINT PAUL'S CHURCH

What does St. Paul's Church mean to me?
It's a quiet, contemplative place to be,
which reaches to all humanity,
with God centred, diverse activity.

Most members are engaged in providing
an outreach that is all embracing.
It's leaders are adept at enabling
a high degree of Christian maturing.

It's liturgy and outreach savour
the love of God and love of neighbour.
So may this be our earnest labour,
that we don't lose our Christian flavour.

Paul Wilton

Written for National Poetry Day. 1 October 2026

Who was St Martin of Tours, c. 397

Before coming to work at St Martin's Church, I knew relatively little about its namesake or his importance. However, during my final year with you, I discovered numerous places that are either named after or have St Martin as their patron saint. For example, he is the patron saint of Dover, and there is the Basilique Saint-Martin in Tours, where he was bishop. During my travels, I also came across a St Martin café in Prague and, more recently, heard about the Buonomini di San Martino in Florence.

St Martin's notoriety led me to research him further, and I discovered that he was born in the early 4th century, in what is now modern-day Hungary. When he was ten, he began attending a Christian church against the wishes of his parents. At fifteen, he was required to join the Roman cavalry due to his father being a veteran officer. Historians are unsure of how long he was in the army; however, Martin eventually refused to fight for the emperor Julian, stating 'I am the soldier of Christ: it is not lawful for me to fight.' Subsequently, Martin was jailed for cowardice. He tried to refute this by offering to go out onto a battlefield completely unarmed to prove his bravery; however, it is believed that this never actually happened. After his service in the army, he eventually went to Tours in Gaul (France), where, due to his impressive demeanour, he was made bishop around 371 AD. According to one story, he was consecrated as bishop against his will and hid in a shed full of geese to prevent the consecration. As such, St Martin is the patron saint of soldiers, but also of geese!

As many readers already know, the most famous story of St Martin is of how he gifted half of his cloak to a beggar, who later appeared to him in a dream, revealing himself as Jesus. Because of this Martin has become a symbol of charity. Indeed, the Buonomini di San Martino was established in the 15th century to aid the poor by providing money, food and clothes. Its choice of name is not coincidental but deliberately chosen to reflect the generosity of its namesake. Being from Tours herself, it makes sense that Queen Bertha chose to name St Martin's church after the saint, almost 200 years after his death. ***Elena Field***

Choral Evensong & Supper @ St. Paul's

5:00 pm – Sunday 15 November

Join us at St Paul's for Choral Evensong and Supper as we welcome t**he Reverend Dr Charlie Bell** as our guest preacher.

Charlie is a high profile Church of England priest, psychiatrist and theologian, whose work brings together faith, medicine and theology. He is a Research Fellow at St Augustine's College of Theology and has written widely on the life and witness of the Church.

There will be lovely music, and as always, Evensong will be followed by a warming supper and a glass of something tasty!

No bookings are needed for food, but please advise regarding any dietary requirements by text: 07871340926 or email me:

namesfortea@hotmail.co.uk. **Michael Keeler-Walker**

Eco Church 62

The prices of diesel and petrol have risen dramatically around the world because of the war in the Middle East. Commercial motoring, largely involving essential deliveries, continues with businesses forced to pass on higher costs to consumers.

Governments around the world are caught between a rock and a hard place. The economic effects of the increase in fuel prices are affecting businesses and individual consumers. Protecting both to ensure that industry can operate and food and heating prices do not drive more people into poverty is a conundrum that is exercising world leaders everywhere. Although focus on Climate Change is at an all-time high following this year's remarkable weather, national budgets are strained to the absolute limit and climate mitigation is not top of many agendas.

NASA reports that Planet Earth is warming at an unprecedented rate.

This year Europe, including the UK, has experienced record-breaking heatwaves and farmers and growers have been combatting water shortages. Many UK reservoirs are at their lowest-ever levels, and the Met Office is warning that drought will continue through to Spring 2027. Against this backdrop the UN has been working in East Africa and the Middle East trying to prepare flood defences and educate farmers and others as to the need to adjust to the changing climate. The full effects of El Nino have yet to be predicted but the warming of the oceans is known to adversely affect it.

The national debt of Nepal and many other countries suffering climate-related disasters is reported to have increased by billions. The financial impact of Climate Change is hitting poorer countries particularly hard. Malawi and Kenya are similarly affected. Whilst countries like the UK can borrow at reasonable rates these are not available to the third world. Their loans have the highest interest rates and shortest timeframe to be paid off. Most private lenders are little known to the public for example AllianceBernstein, Lord, Abbett & Co and BlackRock are the biggest lenders to Kenya. These loans haven't led to economic growth, like Kenya's previous external debts, this loan is governed by English law. The UK government can force these lenders to the negotiating table. Christian Aid is campaigning for debt justice and is urging churches to engage.

"Christianity is not just expressed in a church, Christianity is lived out as a responsibility not just to God, but to your country, to your neighbours, to yourself and to propagate for good governance."

Gachui Kariuki. (Kenya)

Autumn is marching in and the pictures from Kent Wildlife Trust on the cover of this issue depict the fungi we can spot, from classic fairytale toadstools to gloopy brackets, and coral-like structures. Check out St. Martin's churchyard where you will certainly find some of these.

Sue White

Eco-Church Coordinator

Learning Together in Advent

As we enter the season of watching and waiting, our parish will once again be offering a rich programme of opportunities to learn, pray and prepare for the Feast of Christmas. We warmly invite you to take part in this series designed to help us deepen our faith and enjoy fellowship as we journey towards the manger.

'Preparing for the Feast of Christmas' will be on Wednesdays, 7:45 – 8:45 pm and Thursdays, 10:30 –11:30 am Full details will appear in the Pilgrim Post Parish Diary, the weekly parish email / Sunday Notice Sheet, and to accompany our reflections, copies of the Church of England's booklet ***'The 12 Joys of Christmas'*** will be available for anyone who would like one — a cheerful resource featuring plenty of food-themed inspiration for the season.

There will also be ***Advent Compline*** at St Paul's on Monday evenings at 8:00 pm, beginning on 30 November. These quiet services will follow the same Advent theme, offering a peaceful way to end the day.

In addition, Mary Butcher will be leading a York Course titled ***Living in the Light*** on Tuesday mornings, 9:30–11:00 am, starting on 24 November. If you would like to join this group, please let Mary know so she can order the accompanying course notes.

We hope that many of you will share in these opportunities to learn, pray and grow together as we prepare our hearts for Christmas.

Mary Kells and Mary Butcher

Footnote: Our ***Life Long Learning*** group has had a rebrand, with new members and a new name! We're now calling ourselves ***Learning Together.*** We'd love to choose a new logo too - can you help us with ideas? Speak to Mary Kells or email the Parish Office if you have any, and we'll see if we can build them into a design.

Don't be Mislead

There might be some nice colourful pictures of fungi on the cover of this issue, but don't forget me!
I'm the real 'Fun Guy'.

Red Chair

[Days of Activism Against Gender Based Violence]

On Sunday 25 November, members of the Mothers' Union will be setting up a red chair in each church to mark the international 16 Days of Activism against gender based violence.

The Red Chair powerfully symbolises the seat in our church where a victim of domestic violence may have sat but is no longer here to do so.

These days are a time for reflection, prayer and supportive action.

> God of justice and compassion,
> look with mercy on all who live in fear or suffer harm.
> Strengthen those who support and protect survivors,
> and soften the hearts of all who misuse power.
> Make our homes, our churches, and our communities places of safety, dignity, and peace.
> Guide us in the way of Christ, that we may honour each person's worth and work for a world where violence has no place. Amen.

Jackie Curd

A Reminder About Email Security

Several members of the congregation have recently received messages that *appear* to come from the Rector but are, in fact, spam. So, thank you to everyone who checked before responding.

Please remember - Only trust emails that come from the Rector's exact, usual email address. If anything looks unusual, asks for money or urgent action, or simply feels 'not quite right', please do not reply. Instead, contact the Parish Office or the Rector directly using the details printed in Pilgrim Post and in the weekly e-mail / Sunday Newsletter.

A quick moment of caution helps keep everyone safe. ***Editor***

CANTERBURY REPAIR CAFE

The Repair Café this month is on
Saturday 14 November
10:00 am – 12:30 pm
Hub Café, Baptist Church
(Opposite Waitrose)

We are currently looking for people who have a skill and would like to come and help us. If you do, please e-mail:

canterburyrepaircafe@gmail.com

with your name, email address, telephone number and skills offered, and we will respond as soon as we can.

.Thank You

LOOKING AHEAD

'Travels with Paul around the Mediterranean'.

On Saturday 23 January we will be taken on a journey with Paul around the Mediterranean by Revd Dr Sue Woan.

The session will be in our Parish Centre, beginning with coffee at 9:30 am ready for a prompt start at 10:00 am finishing at 12:15 pm

It won't be a lecture! It will be interactive! You will laugh, learn and leave, wanting more! Please bring a Bible.

Meanwhile, watch out for a sign-up sheet in church after Christmas.

Mary Butcher

ENDPIECE

Do you know how crabs actually communicate?
Using their shell-phones of course!

The crab who invented the shell-phone says reception is best at high tide and every call should begins with a cheerful "Shello!"

Contributed

The Adkinson Relief in Need Charity
Contact: The Clerk to the Trustees.
Registered Charity
No. 212236

Anyone living in the parish who is in a condition of need, hardship or distress might well be able to get assistance from the funds of this parochial charity.

Applicants should apply to Trustee: Christopher Wacher
Telephone: 01227 455367 E-mail: christopherwacher@outlook.com

---

Canterbury Mobile Foot Health Clinic

For the professional treatment of:

Corns - Callus - Cracked Heels - Nail Trimming - Ingrowing Toe Nails
Fungal and Thickened Nails - Athletes Foot - Verrucas

Call Todav: **07584 300398**

Treatment in the comfort of your own home

Rabia SAC DIP FHPT SAC DIP FHPP

Living your life in the home that you love

Are you finding things a bit more of a struggle
but don't want to give up your independence?

To find out more why not contact our friendly and professional management team?

01843 570638 or 01227 206473 canterbury@bluebirdcare.co.uk

Live in care is a realistic, affordable alternative to residential care which lets you stay in control and continue to enjoy all your usual home comforts and social activities. Our care workers are fully trained and highly committed to meeting your needs in the way that you choose.

bluebird care®

Canterbury & Thanet

PILGRIM POST – DECEMBER

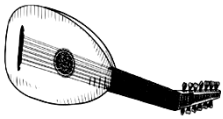
The deadline for articles, notices and events is

Thursday 12 November

to pilgrimpost@martinpaul.org please

THANK YOU

Gareth Balch - Lutenist



Weddings – Functions
Dinners and Events
www.garethlute.com
07765 994061
g.balch@sky.com

CLOCKMAKER

TIM PETTMAN

07860 498963

BRIDGES INSURANCE

Bridges Insurance Brokers

We are Local and Independent
Specialising in:

* Business – Church – Charity – Property – High-Net Worth *

01843 293614
enquiries@bridges.insure
www.bridges.insure

furley page

Knowledge. Experience. Results.

Legal services for **you, your family** and **your business**

- Conveyancing
- French property
- Family law
- Wills, trusts & estates
- Powers of Attorney
- Probate
- Elderly & vulnerable client services
- Personal injury
- Bankruptcy
- Employment law
- Services for business

Call us today or visit our website: 01227 763939 furleypage.co.uk

Qualified and Experienced Tutor for over 20 Years

Individual tuition offered in English and Mathematics to pupils of Year 5 and Year 6 (who will be moving on to Secondary School) and to pupils of Year 10 and Year 11 GCSE.
All tuition will take place in the parental home with a parent present for the duration of the lesson.

Alison Wellard BA (Hons) Kent 1996 - Mob: ***07745 962250***
PGCE Canterbury Christ Church College 1998
City and Guilds Certificates in Teaching Numeracy and Literacy

---

NO JOB TOO SMALL

Flat or tiled Roofing - Rendering - Concreting - all Ground works - Plastering - Coving - Tiling

FREE ESTIMATES
from
MATTHEW PAGE
07562469234

*****

E. Hedger
Family Butcher

We are pleased to have supplied people in Canterbury with local meats and poultry for over 80 years

01227 463164
15 St. Dunstan's Street
Canterbury CT2 8AF

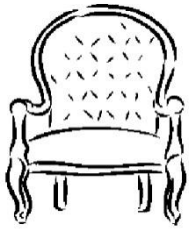
C W Lyons & Son Ltd
Funeral Directors & Monumental Masons
70 Military Road, Canterbury CT1 1ND
01227 463508
24 Hour Service
Local Family Owned est. 1911 - Members of SAIF & NAFD & NAMM
Prepaid Funeral Plans Available

RELIABLE & PROFESSIONAL SERVICE AT REALISTIC PRICES
BY CERTIFIED ENGINEERS WE COME TO YOU!

JKF Computer Services - Est

- **PC Repairs, Upgrades & Rebuilds**
- **Virus Detection and Removal**
- **PC's Built To Your Specification**
- **On-Site or Workshop Repairs**
- **Hardware & Software Troubleshooting**
- **Computer Installation and Maintenance**
- **Spyware Detection & Removal**
- **Collect and Return Service as needed**
- **Data Recovery and Backup**
- **Small Business or Home**

*** * * * CALL US ON 01795 531623 or 01227 290131 * * * ***
Mobile 07880 602823



SARAH de ROUGEMONT
UPHOLSTERY
Established 1990
Loose Covers - Fabrics
Roman Blinds
All Commissions Considered
Tel: 01227 455841
Mob: 07973 377817

ARC
ALI REW COUNSELLING

Feeling overwhelmed, anxious or stuck?

I provide a calm, safe and confidential space where you can talk openly about whatever is weighing on you.

Life can feel heavy at times — you don't have to carry it alone.

www.alirewcounselling.co.uk
07402 836217
Email:
ali@alirewcounselling.co.uk